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MERCER KALEIGH

Insight Great Breaks Guides: pocket-sized books to inspire your customers' on-foot exploration of the best of the British Isles. · Practical, pocket-sized, packed with inspirational insider information, and a focus on walking tour itineraries, this is an ideal on-the-move companion · Newly updated edition of Insight Great Breaks Norfolk & Suffolk · Innovative extra = incredible value, and unique in the market. All Insight Great Breaks Guides come with a free eBook, unlike comparable competitors' products · High-production values - smart, compact format, and full-colour throughout · Exciting opportunities for bespoke promotions - please contact your Account Manager for details · Content overview: - Features over 10 detailed walking tour itineraries - Overview section features concise insider information covering landscape, location, history, and culinary highlights - Top Ten section takes readers to the heart of their destination - Rainy Day recommendations give travellers plenty of options, whatever the weather - Invaluable itinerary maps and practical Travel Tips section ensure effortless exploration

Great Breaks Lake District is a concise, full-colour travel guide to this most romantic national park, with a selection of clearly laid-out walks and tours complemented by beautiful photography and a wealth of practical information, all in a compact package. Overview: the book starts by highlighting the Top Ten Things to Do, from taking a boat on gleaming lakes and tarns to exploring picturesque abbeys and stone circles. This is followed by an engaging introduction on culture and landscape, lifestyle and traditions, and an overview of where to find the best food and drink. Walks and Tours: this guide features irresistible self-guided walks and tours that will take you on a journey through this poetic landscape of high green fells, clear waters and quaint villages that inspired the likes of William Wordsworth and Beatrix Potter. All are clearly timed and accompanied by easy-to-follow maps plus hand-picked places to eat, drink and shop. Special Features home in on what makes the Lake District unique: its prestigious literary heritage, local festivals and fascinating wildlife. Travel Tips: the final section of the book is packed with information on active pursuits, themed holidays and transport, as well as specially selected accommodation to suit all tastes and budgets, from chic boutique hotels to family-friendly B&Bs.

Insight Guides: all you need to inspire every step of your journey. From deciding when to go, to choosing what to see when you arrive, this is all you need to plan your trip and experience the best of Guatemala, Belize and the Yucatán, with in-depth insider information on must-see, top attractions like the Mayan sites of Chichén Itzá and Tikal, as well as the best of the Riviera Maya. · Insight Guide Guatemala, Belize and the Yucatán is ideal for travellers seeking immersive cultural experiences, from exploring the variety of Maya sites, to discovering Mexico's charming colonial city of Mérida. · In-depth on history and culture: enjoy special features on the Maya civilisation, the colourful Guatemalan costume and the stunning birdlife in all three countries, all written by local experts · Includes innovative, unique extras to keep you up-to-date when you're on the move - this guide comes with a free eBook, and an app that highlights top attractions and regional information and is regularly updated with new hotel, bar, restaurant, shop and local event listings · Invaluable maps, travel tips and practical information ensure effortless planning, and encourage venturing off the beaten track · Inspirational colour photography throughout - Insight Guides is a pioneer of full-colour guide books · Inventive design makes for an engaging, easy reading experience About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrasebooks, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Insight Guides: all you need to inspire every step of your journey. From deciding when to go, to choosing what to see when you arrive, this is all you need to plan your trip and experience the best of Croatia, with in-depth insider information on must-see, top attractions like the walled city of Dubrovnik, cosmopolitan Split and the stunning islands of Hvar and Vis, and hidden cultural gems like the Baroque architecture in inland Osijek. Insight Guide Croatia is ideal for travellers seeking immersive cultural experiences, from exploring the Istrian peninsula in the north, to discovering Dubrovnik, the 'pearl of the Adriatic' In-depth on history and culture: enjoy special features on diving, wine country and birdlife, all written by local experts Includes innovative, unique extras to keep you up-to-date when you're on the move - this guide comes with a free eBook, and an app that highlights top attractions and regional information and is regularly updated with new hotel, bar, restaurant, shop and local event listings Invaluable maps, travel tips and practical information ensure effortless planning, and encourage venturing off the beaten track Inspirational colour photography throughout - Insight Guides is a pioneer of full-colour guide books Inventive design makes for an engaging, easy reading experience About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrasebooks, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Melanie Klein has been one of the most important contributors to our thinking about human development and human personality. In this classic text, Isca Salzberger-Wittenberg demonstrates through theoretical exposition and the use of case material the ways in which Melanie Klein's main concepts and theories illuminate the practice of social casework. These theories are often complex and controversial, but this concise and lucid account continues to enable social workers and others in helping professions to judge the relevance of the Kleinian approach for themselves.

Insight Great Breaks Guides: pocket-sized books to inspire your on-foot exploration of the best of the British Isles. Explore the best of Oxford with this

indispensably practical Insight Great Breaks Guide. From making sure you don't miss out on must-see attractions like Magdalen College, the Ashmolean Museum and the Bodleian Library, to discovering hidden gems, including Treacle Well and the Painted Room, the easy-to-follow, ready-made walking routes will save you time, help you plan, and enhance your Great Break in Oxford. · Practical, pocket-sized and packed with inspirational insider information, this is the ideal on-the-move companion to your trip to Oxford · Features 12 detailed walking tour itineraries, including Quads, Meadows and Gardens and Where Town Meets Gown · Overview section features concise insider information covering everything from landscape and location, to history and culinary highlights · Top Ten section takes you to the heart of your destination, from Christ Church to the Sheldonian Theatre · Rainy Day recommendations offer plenty of options, whatever the weather · Invaluable itinerary maps and practical Travel Tips section ensure effortless exploration · Inspirational colour photography throughout About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Insight Guides, the world's largest visual travel guide series, in association with Discovery Channel, the world's premier source of nonfiction entertainment, provides more insight than ever. From the most popular resort cities to the most exotic villages, Insight Guides capture the unique character of each culture with an insider's perspective. Inside every Insight Guide you'll find: · Evocative, full-colour photography on every page · Cross-referenced, full-colour maps throughout · A brief introduction including a historical timeline · Lively, essays by local writers on the culture, history, and people · Expert evaluations on the sights really worth seeing · Special features spotlighting particular topics of interest · A comprehensive Travel Tips section with listings of the best restaurants, hotels, and attractions, as well as practical information on getting around and advice for travel with children

Insight Great Breaks Guides: pocket-sized books to inspire your on-foot exploration of the best of the British Isles. Explore the best of Glasgow with this indispensably practical Insight Great Breaks Guide. From making sure you don't miss out on must-see attractions like Riverside Museum and Loch Lomond, to discovering hidden gems, including New Lanark and Pollok Estate, the easy-to-follow, ready-made walking routes will save you time, help you plan, and enhance your Great Break in Glasgow. · Practical, pocket-sized and packed with inspirational insider information, this is the ideal on-the-move companion to your trip to Glasgow · Features 12 detailed walking tour itineraries, including the High Street and the Clyde Valley · Overview section features concise insider information covering everything from landscape and location, to history and culinary highlights · Top Ten section takes you to the heart of your destination, from Burns Country to the cathedral and necropolis · Rainy Day recommendations offer plenty of options, whatever the weather · Invaluable itinerary maps and practical Travel Tips section ensure effortless exploration · Inspirational colour photography throughout About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Insight Guides, the world's largest visual travel guide series, in association with Discovery Channel, the world's premier source of nonfiction entertainment, provides more insight than ever. From the most popular resort cities to the most exotic villages, Insight Guides capture the unique character of each culture with an insider's perspective. Inside every Insight Guide you'll find: · Evocative, full-colour photography on every page · Cross-referenced, full-colour maps throughout · A brief introduction including a historical timeline · Lively essays by local writers on the culture, history, and people · Expert evaluations on the sights really worth seeing · Special features spotlighting particular topics of interest · A comprehensive Travel Tips section with listings of the best restaurants, hotels, and attractions, as well as practical information on getting around and advice for travel with children

Detaljeret redegørelse for omvæltningen i Portugal i 1974, udarbejdet af Sunday Times' Insight team.

"Brian Smith and Paul Raspin demonstrate a thorough and pragmatic approach to creating and applying sound market insight. Using numerous practical examples, learning points and provocative takeaways, they build on established strategic marketing principles to give you actionable knowledge you can apply your business to create lasting market advantage." Beverley Dipper, Market Insight Manager, Microsoft UK Ltd "I have no hesitation in saying buy this book. It will find a front and centre position in your bookshelf, with plenty of post-its marking pages that you will return to again and again." Mark Irvine, Strategy Manager, De Beers Diamond Trading Company "A readable and well-founded description of how to generate actionable customer insight and follow it through with passionate and consistent execution" Dag Larsson Global Brand Insight Director, AstraZeneca Creating Market Insight addresses the key strategic issue facing any company: How do we make sense of our market and find those precious nuggets of knowledge that lead to real competitive advantage? Creating Market Insight: Explains how firms tailor their market scanning behaviour to work well in the special conditions of their market Describes the process through which data is translated first into information, and then knowledge Differentiates routine market knowledge from true insight and details how firms turn insight into value Provides a detailed, step-by-step process that enables the reader to emulate the success of insightful firms Creating Market Insight is written for managers who need to need to create value in the real world.

A must read for anyone learning to drive or paying for driving lessons, including some of the bloopers driving instructors can make which can make your learning to drive more costly in time and money. It goes all the way from finding a fantastic driving instructor, learning to drive with a driving

school or an independent driving instructor to taking and passing an advanced driving test. This book contains essential information for new driving instructors and those who are looking for driving instructor training. Written by, Kathy Higgins an award winning business woman and one of the country's most qualified driving instructors. Kathy has written this book in a frank down to earth way, dispelling some of the most believable driving myths, telling her own story as well as adding a good portion of humour. A great gift alongside driving lessons.

Pocket-sized travel guides making the most of the British Isles through clearly laid-out walks and tours. Explore the best of Edinburgh with this indispensably practical Insight Great Breaks Guide. From making sure you don't miss out on must-see attractions like Edinburgh Castle, the Scottish National Gallery, the Royal Mile, Calton Hill or the Royal Botanic Garden to discovering hidden gems, including the Real Mary King's Close, the easy-to-follow, ready-made walking routes will save you time, help you plan and enhance your Great Break in Edinburgh. Practical, pocket-sized and packed with inspirational insider information, this is the ideal on-the-move companion to your trip to Edinburgh. - Over 12 walks and tours: detailed itineraries feature all the best places to visit, including where to eat along the way - Local highlights: discover what makes the area special, its top sights and unique attractions, and be inspired by stunning imagery - Insider recommendations: where to stay and what to do, from active pursuits to themed trips - Rainy day recommendations: uncover plenty of options, whatever the weather - Practical maps: get around with ease and follow the walks and tours using the detailed maps - Informative tips: plan your travels with a useful practical section to ensure effortless exploration - Innovative and unique extra: a free eBook - Inventive design makes for an engaging, easy-reading experience - Covers: Old Town and Edinburgh Castle, Royal Mile and Scottish Parliament, Palace of Holyroodhouse and Arthur's Seat, South Side Museums and University, East Princes Street and Calton Hill, West Princes Street and New Town, Water of Leith to Stockbridge and Dean, Leith, Excursion to Firth of Forth, Excursion to Edinburgh Zoo, Linlithgow and Falkirk, Excursion South to Roslin and Pentland Hills, and Excursion East along the Coast. About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Every person has a story, a personal narrative that informs their life, their decisions, and their way of thinking. But did you know that it also affects the wiring of your brain? Renowned psychiatrist and professor at Harvard Medical School John Sharp, M.D., offers an eight-step process to discovering your unconscious narrative and using your new insight to eradicate the "false truth" that has been at the core of your self-sabotage. His unique approach integrates four core domains of applied psychology—control mastery theory, attachment theory, narrative therapy, and positive psychology—with his own research and professional experience to construct an insightful and soul-searching path to insight. Throughout his step-by-step process, Dr. Sharp provides: · The “Sharp Focus” to distill and emphasize important concepts · Quizzes to help you analyze your internal and external tendencies · “First Impressions” case studies from his professional practice · Awareness, insight, change, and narrative tools to facilitate your transformation · “Gut Checks” to help you figure out if you are ready to move on to the next step in the process Dr. Sharp’s approach is simple and accessible, with the power to wield profound results. Through exercises, quizzes, thorough exploration of case studies, and clear guidance, you will be able to find your false truth, rewrite your story, and transform your life. Once you have flipped the switch of insight, nothing can hold back the light that shines from within.

Insight Guides: all you need to inspire every step of your journey. An in-depth book, now with free app and eBook. Spain's largest region is also its most bewitching, from the fabulous Alhambra to the white towns of the sierras and vibrant Seville. This thoroughly revised edition includes Andaluca's Costa del Sol, Seville, Ronda, Cordoba, Granada, Las Alpujarras and more Over 256 pages of insider knowledge from local experts In-depth on history and culture, from Andaluca's rugged wilderness to the region's claims to fame: flamenco and sherry Enjoy special features on Andalusian food, festivals and exquisite gardens Includes innovative extras that are unique in the market - all Insight Guides to countries and regions come with a free eBook and app that's regularly updated with new hotel, bar, restaurant, shop and local event listings Invaluable maps, travel tips and practical information ensure effortless planning Inspirational colour photography throughout Inventive design makes for an engaging reading experience About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure.

Insight Pocket Guides: ideal itineraries and top travel tips in a pocket-sized package. Plan your trip, plan perfect days and discover how to get around - this pocket-sized guide is a convenient, quick-reference companion to discovering what to do and see in Scotland, from top attractions like Edinburgh Castle, Glencoe and the Isle of Skye, to hidden gems, including the dramatic Smoo Cave and the peaceful islands of the Inner Hebrides. - Compact, concise, and packed with essential information about Where to Go and What to Do, this is an ideal on-the-move companion when you're exploring Scotland - Covers Top Ten Attractions, including Loch Lomond, Urquhart Castle and the Burrell Collection and Perfect Day itinerary suggestions - Offers an insightful overview of landscape, history and culture - Contains an invaluable pull-out map, and essential practical information on everything from Eating Out to Getting Around - Inspirational colour photography throughout - Sharp design and colour-coded sections make for an engaging reading experience About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Insight Great Breaks Guides: pocket-sized books to inspire your on-foot exploration of the best of the British Isles. Explore the best of Snowdonia & North Wales with this indispensably practical Insight Great Breaks Guide. From making sure you don't miss out on must-see attractions like Snowdon, to discovering hidden gems, including the Centre for Alternative Technology, the easy-to-follow, ready-made walking and driving routes will save you time, help you plan, and enhance your Great Break in Snowdonia & North Wales. · Practical, pocket-sized and packed with inspirational insider in-

formation, this is the ideal on-the-move companion to your trip to Snowdonia & North Wales · Features over 8 detailed walking and driving tour itineraries, including The North Coast and Carneddau Mountains, Snowdon from Caernarfon and Cadair Idris to Machynlleth · Overview section features concise insider information covering everything from landscape and location, to history and culinary highlights · Top Ten section takes you to the heart of your destination, from Conwy to Snowdon · Rainy Day recommendations offer plenty of options, whatever the weather · Includes an innovative extra that's unique in the market · Invaluable itinerary maps and practical Travel Tips section ensure effortless exploration · Inspirational colour photography throughout About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase-books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Pocket-sized books to inspire your on-foot exploration of the best of the British Isles. Explore the best of Jersey with this indispensably practical Insight Guides Great Breaks book. From making sure you don't miss out on must-see attractions like the war tunnels, to discovering hidden gems, including La Hougue Bie, the easy-to-follow, ready-made walking routes will save you time, help you plan, and enhance your Great Break in Jersey. - Practical, pocket-sized and packed with inspirational insider information, this is the ideal on-the-move companion to your trip to Jersey - Features seven detailed walking tour itineraries, including St Helier and Durrell's Wildlife Park - Overview section features concise insider information covering everything from landscape and location, to history and culinary highlights - Top Ten section takes you to the heart of your destination, from Elizabeth Castle to the Maritime Museum - Rainy Day recommendations offer plenty of options, whatever the weather - Includes an innovative extra that's unique in the market - all Great Breaks Guides come with a free eBook - Invaluable itinerary maps and practical Travel Tips section ensure effortless exploration - Inspirational colour photography throughout About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.

Insight Guide to Iceland is a pictorial travel guide in a magazine style providing answers to the key questions before or during your trip: deciding when to go to Iceland, choosing what to see, from exploring Heimaey to discovering Latrabjarg or creating a travel plan to cover key places like Northern Lights, Reykjavik and the Blue Lagoon. This is an ideal travel guide for travellers seeking inspiration, in-depth cultural and historical information about Iceland as well as a great selection of places to see during your trip. The Insight Guide Iceland covers: Reykjavik; The Reykjavik Peninsula; The Southwest; Vestmannaeyjar (The Westman Islands); The Southeast; Snaefellsnes and the West; The West Fjords; Hunafloi and Skagafjörður; Akureyri and Surroundings; Grimsey; Lake Myvatn; The Northeast; The East Fjords; The Interior. In this travel guide you will find: IN-DEPTH CULTURAL AND HISTORICAL FEATURES Created to explore the culture and the history of Iceland to get a greater understanding of its modern-day life, people and politics. BEST OF The top attractions and Editor's Choice highlighting the most special places to visit around Iceland. CURATED PLACES, HIGH QUALITY MAPS Geographically organised text cross-referenced against full-colour, high quality travel maps for quick orientation in Snaefellsnes, Lake Myvatn and many more locations in Iceland. COLOUR-CODED CHAPTERS Every part of Iceland, from Reykjavik to The East Fjords has its own colour assigned for easy navigation. TIPS AND FACTS Up-to-date historical timeline and in-depth cultural background to Iceland as well as an introduction to Iceland's Food and Drink and fun destination-specific features. PRACTICAL TRAVEL INFORMATION A-Z of useful advice on everything from when to go to Iceland, how to get there and how to get around, as well as Iceland's climate, advice on tipping, etiquette and more. STRIKING PICTURES Features inspirational colour photography, including the stunning Gullfoss and the spectacular Isafjörður.

People base thousands of choices across a lifetime on the views they hold of their skill and moral character, yet a growing body of research in psychology shows that such self-views are often misguided or misinformed. Anyone who has dealt with others in the classroom, in the workplace, in the medical office, or on the therapist's couch has probably experienced people whose opinions of themselves depart from the objectively possible. This book outlines some of the common errors that people make when they evaluate themselves. It also describes the many psychological barriers - some that people build by their own hand - that prevent individuals from achieving self-insight about their ability and character. The first section of the book focuses on mistaken views of competence, and explores why people often remain blissfully unaware of their incompetence and personality flaws. The second section focuses on faulty views of character, and explores why people tend to perceive they are more unique and special than they really are, why people tend to possess inflated opinions of their moral fiber that are not matched by their deeds, and why people fail to anticipate the impact that emotions have on their choices and actions. The book will be of great interest to students and researchers in social, personality, and cognitive psychology, but, through the accessibility of its writing style, it will also appeal to those outside of academic psychology with an interest in the psychological processes that lead to our self-insight.

Whether you're on a relaxing weekend break or an active holiday, this collection of 12 irresistible walks and tours in and around the 'city of dreaming spires' is sure to appeal. Great Breaks Oxford is packed with vivid colour photographs and inspiration for things to do. The book starts with the 10 top attractions in Oxford, including the iconic Bodleian Library and punting on the Thames, followed by essential background information on Oxford's culture, history, and food and drink. Next are 12 wonderful self-guided walks and tours taking in the best places to visit in Oxford, from the historic heart of the university to idyllic Port Meadow and beyond. The tours have clear maps, places to eat and drink, and top accommodation recommendations. The final section of the book offers a selection of listings for things to do in Oxford, with sections on active holidays (including boating and punting) and themed holidays such as walking and wildlife. There is also a practical information section and comprehensive accommodation listings. About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-color print guide books and maps as well as picture-packed eBooks to meet different travelers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure. 'Insight Guides has spawned many imitators but is still the best of its type.' - Wanderlust Magazine

Insight Pocket Guides: ideal itineraries and top travel tips in a pocket-sized package. Now with free eBook, and a pull-out map. Compact, concise, and packed with essential information about Where to Go and What Do, this is an ideal on-the-move companion when you're exploring Menorca Covers Top Ten Attractions, including Binibeca Vell, Cala Santa Galdana and Parc Natural de S'Albufera, and Perfect Day itinerary suggestions Offers an insightful overview of landscape, history and culture Contains an invaluable pull-out map, and essential practical information on everything from Eating Out to Getting Around Includes an innovative extra that's unique in the market - all Insight Pocket Guides come with a free eBook Inspirational colour photography throughout Sharp design and colour-coded sections make for an engaging reading experience About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure.

Covering the fundamentals of customer relationship techniques, this text explains how companies gain an edge on their competitors by utilising knowledge of their customer base, producing a product to meet the customer criteria, and marketing it in a way which targets the specific consumer audience.

Plunkett's InfoTech Industry Almanac presents a complete analysis of the technology business, including the convergence of hardware, software, entertainment and telecommunications. This market research tool includes our analysis of the major trends affecting the industry, from the rebound of the global PC and server market, to consumer and enterprise software, to super computers, open systems such as Linux, web services and network equipment. In addition, we provide major statistical tables covering the industry, from computer sector revenues to broadband subscribers to semiconductor industry production. No other source provides this book's easy-to-understand comparisons of growth, expenditures, technologies, imports/exports, corporations, research and other vital subjects. The corporate profile section provides in-depth, one-page profiles on each of the top 500 InfoTech companies. We have used our massive databases to provide you with unique, objective analysis of the largest and most exciting companies in: Computer Hardware, Computer Software, Internet Services, E-Commerce, Networking, Semiconductors, Memory, Storage, Information Management and Data Processing. We've been working harder than ever to gather data on all the latest trends in information technology. Our research effort includes an exhaustive study of new technologies and discussions with experts at dozens of innovative tech companies. Purchasers of the printed book or PDF version may receive a free CD-ROM database of the corporate profiles, enabling export of vital corporate data for mail merge and other uses.

This book is about conflict resolution through mediation, from a psychological perspective. Although written in part from the point of view of litigation, the objective is to demonstrate how an appreciation of the psychological aspects of conflict and an understanding of the emotional strategies people adopt in dispute situations can assist both lawyers and non-lawyers in resolving conflicts. The book consists of three sections- a theoretical analysis of conflict and conflict resolution; a practical, legal and experiential explanation of mediation; and thirdly a series of mock mediations, comprehensively analysed from the viewpoint of the mediator and the parties, providing tips and guidance on the dilemmas and pitfalls that mediators encounter. The book is based on three fundamental tenets: that conflict is ever present, and cannot be eliminated but can be worked with; that the attitude and stance of the mediator towards the dispute can be of significance to the outcome; and above all that the use of psychotherapeutic tools can facilitate a paradigm shift in the parties' approach to conflict. The authors demonstrate how the mediator can move parties in dispute from a position of intransigent adversity to a working alliance, and thereby achieve a 'good enough' resolution.

Insight Guides: Inspiring your next adventure Russia remains an enigma to many, and most visitors will only go to the stunning St Petersburg or the capital Moscow, but those who venture further into this vast country will be rewarded by beautiful scenery of mountainous landscape and wild steppes as well as a variety of peoples and cultures unrivaled anywhere else. Be inspired to visit by the new, thoroughly revised edition of Insight Guide Russia, a comprehensive full-colour guide to this multifaceted country. Inside Insight Guide Russia: A fully-overhauled edition. Stunning, specially-commissioned photography that brings this multifaceted country and its people to life. Highlights of the country's top attractions, including Mos-

cow's Red Square and St Basil Church, The Hermitage Museum and sublime Winter Palace in St Petersburg as well as the remote wilderness of Lake Bakal in our Best of Russia. Descriptive region-by-region accounts cover the whole country from cosmopolitan St Petersburg to untamed Siberia. Detailed, high-quality maps throughout will help you get around and travel tips give you all the essential information for planning a memorable trip, including our independent selection of the best restaurants. Free app for every customer. About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-color print guide books and maps as well as picture-packed eBooks to meet different travelers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure. 'Insight Guides has spawned many imitators but is still the best of its type.' - Wanderlust Magazine

Insight Guides: Inspiring your next adventure These three island countries and regions conjure up instant images of white sand beaches, honeymoons, and general luxury travel, but there is so much more to discover in addition. Be inspired to visit by the fully-updated new edition of Insight Guide Mauritius, Reunion & Seychelles, a comprehensive full-colour guide to three very distinctive destinations. Inside Insight Guide Mauritius, Reunion & Seychelles: A fully-overhauled edition by three expert local authors. Stunning, specially-commissioned photography that brings these idyllic islands and their people to life. Highlights of the country's top attractions, including Piton de la Fournaise on Reunion, one of the planet's most active volcanoes; Anse Lazio in the Seychelles, often described as the world's best beach; and Mauritius's Black River Gorges National Park, rich with lush flora and fauna. Descriptive region-by-region accounts cover all three destinations in depth, including the off-the-beaten-track island of Rodrigues, located off Mauritius, and all of the islands that make up the three nations and territories. Detailed, high-quality maps throughout will help you get around and travel tips give you all the essential information for planning a memorable trip, including our independent selection of the best places to eat and the best activities on offer. About Insight Guides: Insight Guides has over 40 years' experience of publishing high-quality, visual travel guides. We produce around 400 full-colour print guide books and maps as well as picture-packed eBooks to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure. 'Insight Guides has spawned many imitators but is still the best of its type.' - Wanderlust Magazine

This book focuses on older people as makers of meaning and insight, highlighting the evolving values, priorities and ways of communicating that make later life fascinating. It explores what creating 'meaning' in later life really implies, for older people themselves, for how to conceptualise older people and for relationships between generations. The book offers a language for discussing major types of lifecourse meaning, not least those concerning ethical and temporal aspects of the ways people interpret their lifecourses, the ways older people form part of social and symbolic landscapes, and the types of wisdom they can offer. It will appeal to students of gerontology, sociological methodology, humanistic sociology, philosophy, psychology, and health promotion and medicine.

Ideal itineraries and top travel tips in a pocket-sized package. Plan your trip, plan perfect days and discover how to get around - this Insight Guides pocket-sized book is a convenient, quick-reference companion to discovering what to do and see in the French Riviera, from top attractions like Fondation Maeght, to hidden gems, including Domaine du Rosaire. - Compact, concise, and packed with essential information about Where to Go and What Do, this is an ideal on-the-move companion when you're exploring the French Riviera - Covers Top Ten Attractions, including Vieux Nice, Cannes and Monaco and Perfect Day itinerary suggestions - Offers an insightful overview of landscape, history and culture - Contains an invaluable pull-out map, and essential practical information on everything from Eating Out to Getting Around - Sharp design and colour-coded sections make for an engaging reading experience About Insight Guides: Insight Guides is a pioneer of full-colour guide books, with almost 50 years' experience of publishing high-quality, visual travel guides with user-friendly, modern design. We produce around 400 full-colour print guide books and maps, as well as phrase books, picture-packed eBooks and apps to meet different travellers' needs. Insight Guides' unique combination of beautiful travel photography and focus on history and culture create a unique visual reference and planning tool to inspire your next adventure.